



## PREPARE/ENRICH – Couples Counseling

The PREPARE/ENRICH Program is designed to help engaged and married couples develop a strong and growing relationship. Through this program, you will learn, as a couple, to share your feelings, ideas, and to work together to achieve goals. The program will assist you in identifying relationship areas for you to enrich, help you build on your strengths, and teach you to communicate more effectively with your partner about a variety of important topics.

**Partner 1:** First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Age \_\_\_\_\_  
Email: \_\_\_\_\_

**Partner 2:** First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Age \_\_\_\_\_  
Email: \_\_\_\_\_

### Circle appropriate choices.

We are: Dating Engaged Married We live: Separately Together

We have Children: N/A Together Separately Both \_\_\_\_\_ Children(s) Age(s): \_\_\_\_\_

Religious Affiliation: Non-Faith-Based Catholic Non-Denominational Christian Jewish Interfaith

We would like a certificate of completion (12 hours) for Premarital Counseling Education that would allow us to receive a discount on our marriage license for the state of Georgia.

We acknowledge that each couple is responsible for the one-time assessment fee of \$35 to Prepare Enrich.

We understand that I am responsible for the online purchase, if desired, of the Couple’s Workbook for each partner.

We agree to read and complete the complete Informed Consent for Private Counseling and follow the Policy and Procedures as outlined.

We understand that Couples Therapy is not covered by insurance.

### Informed Consent addendum

I am pleased that you have selected me as your PREPARE/ENRICH pre-marriage or marriage counselor! This document is to inform you of my background and to ensure you understand the nature of our counseling relationship. Bree Winkler is a Licensed Professional Counselor in Georgia and has practiced since 2009. I have been certified as a School Counselor since 2004 and have a certification in Anger Management. I hold a Specialist in Education and Masters in Education in School Counseling from Georgia State University.

Although our sessions (8-12) may be very intimate and challenging, it is important for you to complete all sessions to gain maximum benefits. However, you or I may terminate session(s) any time we feel your needs are not met. I will keep confidential anything you share with me, with the following exceptions: (1) you direct me in writing to tell someone else (2) I determine you are a danger to yourself or others. If, at any time and for any reason, you are dissatisfied with my services, please let me know. If I am not able to resolve your concerns, you may report complaints to the State of Georgia Board for Professional Counselors. Please let me know if you have any questions.

Your signature signifies your understanding of the Informed Consent (and addendum) and you agreement to complete PREPARE/ENRICH online Assessment. Email form to: **PrivateCounselingGA@yahoo.com**

**Partner 1:** Signature \_\_\_\_\_ Date \_\_\_\_\_

**Partner 2:** Signature \_\_\_\_\_ Date \_\_\_\_\_

**Bree Winkler LPC, Ed.S, CAMS-II via Private Counseling (470) 336-2884**